

# Play - Develop - Coach

Various levels of play for everyone in a fun, friendly, inclusive & supportive environment.

Be inspired by our coaches to be the best version of you.

Have a laugh and keep fit while connecting with friends.

Social trips to experience incredible sporting events.

All sessions, qualifications & trips are free (donations welcome).

Download the Spod App for players & guardians to receive session updates.

We are **United Sports Consortium** & our mission is simple:

To provide a high-quality social environment that's fun and friendly with a competitive edge, while developing Haringey's next generation of Sporting Leaders.



# Play Social Basketball, Netball & Volleyball

## Netball for Girls & Young Women

- Tuesdays during term 5-6:30pm, Down Lane Park, Park View Road, N17 9EY (indoors Halloween-Easter)
- Bus routes: W4, 41, 76, 123, 192, 230, 2 minutes walk from Tottenham Hale Underground (Victoria Line) and National Rail station
- Led by **Violet Murray**: UK CC Level 2 umpire B Award qualified, Safeguarding in Sport qualified, retired PE teacher & Sports Community Development Officer.
- Spod code: OEELZ Phone: 07947 672 465 Email: vmurray550@gmail.com

## Volleyball for Girls & Young Women

- Fridays during term 5-6:30pm, Down Lane Park, Park View Road, N17 9EY (indoors Halloween-Easter)
- Bus routes: W4, 41, 76, 123, 192, 230, 2 minutes walk from Tottenham Hale Underground (Victoria Line) and National Rail station
- Led by **Gary Beckford**: Volleyball England Coach and Sports Development (grassroots to elite) including Volleyball Legacy Manager post London 2012 Olympics.
- Spod code: QWKOM Phone: 07930 402 163 Email: Gary@volleyfirst.com

## Basketball for All

- Fridays 6-8pm, Selby Centre Sports Hall, Selby Rd, N17 8JL
- Bus routes: W3, 144, 217, 231, 318, 444, 617
- Led by **Hesketh Benoit**: English Basketball Level 4 Coach Award, English Basketball Coaching the Coaches Senior Tutor Award qualified (grassroots to elite), having played for England at an international level.
- Spod code: TCRGY Phone: 07905 250 042 Email: Hesketh.hba@gmail.com

Free for  
young people  
aged 14-24



## Develop

### Join our youth Leadership Panel

Participation is open to all basketball, netball and volleyball players who want to become active in our community. Members will have responsibilities and gain unique experiences to build life-long skills. September 2023 – July 2024 is year 1 of our 2-year programme. Panel members can attend club decision-making forums to represent young peoples' voices.

### Watch Elite Sport at Iconic Venues

Get inspired watching sporting role models at some of the world's most iconic sporting arenas. Accompanied social trips are open to all basketball, volleyball & netball players, with priority given to young people working towards coaching courses & youth panel members. Guardian consent for under 18's is essential.

### Support others to develop, learn new transferable skills & make life-long friends.

Affiliated, qualified sports coaches are always in demand, and you can earn from £12 per hour while combining it with other jobs or studies. Once you've achieved a coaching qualification you will be trained in **First Aid** and **Safeguarding** and be supported through the **Disclosure & Barring Service (DBS)** process.

Throughout your journey you'll gain hands-on experience of communicating, motivating, planning and preparing, applying a teaching focus and building confidence in others. Coaching provides you with great answers to questions during **job interviews** and helps you stand out from the crowd in **university applications**.



## Coach

### Industry Recognised Qualifications for participants 16+

During year 1 our coaches will help you to become confident and competent before supporting you onto entry-level coaching courses. You will have the opportunity to coach in a sporting environment, so you can continue to develop through your experiences. After sessions you will be supported to reflect on what went well, what players liked and what could be improved to make it even better next time.

#### Volleyball England: Assistant Coach Award

Allows a coach to lead and deliver (pre-planned) sessions or plan basic sessions on their own (reviewed by higher level coach) in a range of club environments (without the need to be directly supervised). **Learning Format:** An 8-week blended learning course where you attend two virtual classroom sessions, a one day face-to-face practical session and study online at your own pace.

#### England Netball: Level 1

Start your coaching journey with an introduction to coaching the game and working with players, from U7yrs upwards. Following completion of the course, you will be able to assist more qualified coaches in delivering aspects of coaching sessions and learn more about the basics of the game. **Learning Format:** Attend 3 virtual sessions and participate in the professional discussion.

#### England Basketball: Introduction to Basketball Award (previously Level 1)

This course has been developed to provide learners with the confidence to deliver safe, fun and inclusive basketball sessions under the supervision of an independent coach. **Learning format:** e-learning (3 hours), face-to-face with Basketball coach (4 hours) and virtual classroom (2 hours).

