

WHAT ARE YOU DOING

IN

TOTTENHAM & WOOD
GREEN THIS JULY, AUGUST &
SEPTEMBER



N15 N17 N22

**Bernie Grant Arts Centre, Town Hall Approach Road,
N15 4RX**

Performing Arts Summer camp, 12-16 yrs (week 1), 7-11 yrs (week 2) 24-28 July (week 1) 31 July-4 Aug (week 2) 10am-5pm (everyday) £25 Day Pass, £100 week pass, 25 places available for children receiving free school meals. **Week 1 & 2:** Stage Camp with an interactive artistic program developing a theatre piece within a week, developing characters, adding movement & creating sound. A great way to build confidence, learn new skills and make new friends. **Week 3:** Dance Camp, covering dance disciplines including African, Poppin' & Lockin', Street, Breaking & Freestyle. All abilities welcome, with a show at the end of the week for friends & family. Register in Advance. **Web:** berniegrantcentre.co.uk **Email:** engage@berniegrantcentre.co.uk

**Brunswick Park, Brunswick Road,
N15 5ES**

2TR Football Sessions, 8+yrs free 24 July-1 September. Turn up & play, all genders & abilities welcome to take part in a mixture of drills skills & fun football games. **Call:** 07912 355883

**Chestnuts Community Centre, 280 St. Ann's Road
N15 5BN**

Summer Camp for Young People, 11-21yrs, Free, 7-11 Aug, 10am-4pm. Workshops including emotional wellbeing, identity, gender stereotypes, self-care, violence against women & girls. Activities including Go Ape, metal work, drama & self-defence. Register in advance. **Email:** cypservice@solacewomensaid.org

**Chestnut Primary School, La Rose Lane
N15 3AS**

South Tottenham Scouts, for boys & girls. Beavers 6-8yrs: 5.30-6.30pm, Cubs 8-10yrs: 6.30-8pm, Scouts 10-14yrs: 8-9pm, Quarterly subs c.£35, Mondays from Sept (term time). Preparing young people with life skills. Scouts are do-ers & give-it-a-go-ers. We go camping, hiking, swimming, abseiling, cycling & canoeing. But, we also get to hang out with our friends every week: having fun, playing games, working in a team & taking on new challenges. Just turn up **Web:** www.scouts.org.uk

**Duckett's Common, Philip Lane
N15 4JA**

- **Basketball Games & Coaching**, 9-16yrs, July & August 1-4pm & 5-7pm, free (donations welcome). Skills & drills for all levels as well as small games including 1-on-1, 3-on-3 + 5-on-5. Opportunities to gain coaching & refereeing skills & qualifications, gain leadership skills in our Youth Panel. Just turn up.
- **End of Summer Basketball Festival**, Saturday 16 September, 1-11pm. 10 hours of basketball fun for boys & girls across different age groups: U12yrs, 12-14yrs, 16-8yrs & 18+yrs. 3 on 3, & 5 on 5 competitions, silk sessions & wheelchair sessions. Prizes include trophies, medals and much more. Just turn up. **Call:** 07905 250042 **Email:** HB4Amarketing@gmail.com **Web:** https://hb4amarketing.wixsite.com/haringeyb4a
- **Afternoon Volleyball**, 8+yrs, 24 July-1 September, free. Join us at Ducketts Common for coaching in skills, positioning & serving. Game play on 2 courts in the park. Just turn up. **Email:** omojudi27@hotmail.co.uk



**Marcus Garvey Library, Philip Lane
N15 4JA**

- **Homegrown in Tottenham August Programme**. Tuesdays: parents & carers' group children u12 welcome. Wednesdays: teen session 13+yrs welcome. Saturdays: core subject tuition, all ages. Volunteer teachers needed please get in touch! Free, register in advance: **Call:** 07774 677 312, **Email:** communityumbrella@yahoo.com
- **After School Clubs & Workshops**, weekdays from September. Witty Ditty Kidz After School Art & Tech Club for kids 7-11yrs. Register for more information: **Email:** wittydittydesigns@gmail.com Pocket money entrepreneurs & financial education, healthy eating club. Register for more information: **Email:** breadlinelondon@gmail.com

Suffolk Road Estate (next to playground), N15

Make Do Play, 6–12yrs, 8, 15, 22 & 29 August, 11am–2:30pm free. Imaginative play with loose parts – playthings which can be used in endless ways! Join us for den making, arts & crafts, woodwork with real tools and lots of outdoor fun. Free School Meal Lunches available. Register in advance with Haringey Play Association **Register:** www.haringey-play.org.uk **Email:** Serena@haringey-play.org.uk **Call:** 07807100191

St. Ann's Library Hall, Cissbury Road, N15 5PU

Black Arts Production (BAP) Training Academy, Juniors 8–16 yrs, Adults 16+ yrs Saturdays from September during term, Juniors = £78 per term (concessions available), Adults = £10 per week. Learn to develop a play for performance in the theatre – stage management, production & acting. Our experienced tutors will guide you through fun & engaging sessions to help you unlock your inner performer – beginners to seasoned actors. Introducing LAMDA drama qualifications from Level 3 upward. Gain UCAS points with levels 6–8 for further education. Register in advance for more info **Email:** info@baptheatre.com **Web:** www.baptheatre.com

St. Ignatius Church community centre, 27 High Road, Stamford Hill, N15 6ND

South Tottenham Brownies & Girl Guides, for girls. Brownies 7–10yrs: 6–7:30pm, Guides 10–14yrs: 7:30–9pm, Wednesdays from Sept (term time), £2 per week each session. Fun activities, games & earn skills building badges, all while being supported by trained volunteers. Register in advance to get connected with our South Tottenham group **Register:** www.girlguiding.org.uk



Markfield Park, Markfield Road, N15 4RB

- **Open Day at Markfield Beam Engine & Museum**, All ages, 23 July, 13 & 27 August, Museum open 11–5pm, steaming 12.30–1.15pm & 2.30–3.15pm, free. Fun with bubbles at our working Victorian steam engine – a great way to inspire engineers! And see Markfield Beam Engine running at this special steaming open day **Email:** Info@mbeam.org
- **All Stars Cricket Course**, 5–8yrs, 31 July–3 Aug, 10–11:30am, free with voucher code 3Q96XM All Stars Cricket provides boys & girls with non-stop fun at Markfield's new cricket space. The activity & game-based programme is suitable for all skill levels, providing your child with the foundations to begin a lifelong love of physical activity & cricket. Register in Advance **Email:** allstars@middlesexccc.com
- **HR Sports Academy Football Camp**, 5–15yrs, 7–11 & 14–18 August, 9am–4pm, £15 per day, £65 per week. A week of fun, quality football coaching for boys & girls to develop their skills & techniques through a variety of activities. A packed lunch & refillable water bottle must be provided, participants must wear appropriate clothing. Register in Advance **Web:** www.hrsportsacademy.co.uk **Call:** 07903107217 / 07947530498 **Email:** holidaycamps@hrsportsacademy.co.uk
- **HR Sports Academy NFL**, 11–17yrs, 7–11 & 14–18 August 11–2pm, free. Fun & quality NFL coaching for boys & girls aged 12–18 to develop their skills & techniques through a variety of fun activities. Register in advance www.hrsportsacademy.co.uk **Call:** 07903107217 / 07947530498 **Email:** holidaycamps@hrsportsacademy.co.uk
- **Markfield Project Inclusive Sessions**, 5–16yrs, 31 July–25 August, 10am–3pm, Price dependent on support needs. Markfield Project has an adventure playground, sensory room & soft play. Our trained staff are experienced in including children with a wide range of disabilities & facilitating child led play activities. Places are purchased through short breaks budgets. Register in Advance **Email:** dwick@markfield.org.uk
- **Girls' Football, 12–16yrs**, Wednesdays 3:30–5pm, free. Football training is great for developing balance, coordination, strategic thinking, communication & agility. Meet your friends & make some new ones! **Call:** 07971 113 463 **Email:** Get.Active@haringey.gov.uk



Broadwater Farm Community Centre, Adam Road, N17 6RA

- **Black Arts Production (BAP) Training Academy**, 8–16 yrs, £78 per term (concessions available) from September onwards. New location – learn to develop a play for performance in the theatre – stage management, production and acting. Our experienced tutors will guide you through fun & engaging sessions to help you unlock your inner performer – beginners to seasoned actors. Register in advance for more info. **Email:** Info@baptheatre.com www.Baptheatre.com
- **Children's Yoga – These Girls Do!** Mondays 3:30–4:15pm, 24 July to 21 August, free. A regular yoga practice can help children learn how to manage stress or anxiety, in addition to general emotional regulation & boosting self-esteem. Just turn up. **Email:** get.active@haringey.gov.uk

Bruce Castle, Lordship Lane, N17 8NU

- **Thai Chi in the Park.** Wednesdays till September, 6–7pm €10 per session. Meet outside Antwerp Arms. Improve your organ efficiency, breathing, posture, back problems & coordination. Reduce stress, joint muscle pains & bad habits. Qigong, Thai Chi drills & 10 Form. **Call:** Heron 07932 755 079.
- **Heritage Walk** 60+ yrs, free. Wednesday 16 August at 11am, meet outside the Museum. **Call to book:** 07986504 894 **Email:** to book: gonagh.gay@icloud.com
- **Xplorer Challenge Day**, 6+ yrs free, 27 July, 11–2pm. Xplorer is an orienteering challenge that helps children to use both mind & body. Completing a route by walking, using a wheelchair, running, or cycling. Meeting point by the cafe. Register in advance **Email:** get.active@haringey.gov.uk **Call:** 07971 113 463
- **Seaside Sundays**, 3–8 yrs, 30 July, 6, 13 & 20 August 1–4pm, free. Head down to the little explorer's gallery for a holiday from home. Get busy on Sundays making mini sand sculptures & discover our seaside themed sensory trays. Just turn up. **Email:** museum.services@haringey.gov.uk **Call:** 0208 489 4250
- **Ahoy, matey!** 5–10 yrs, free, 24 August, 1.30–3.30pm. Find out about pirates, make a swashbuckling sword or pirate hat & head to the courtyard to see our naval cannon. Just turn up. **Email:** museum.services/@haringey.gov.uk **Call:** 0208 489 4250

- **Summer Sun**, 5–10 yrs, 3 August 1.30–3.30pm, free. Kick off the summer holidays & create a sun catcher, a pair of shades & a traditional seaside windmill. Just turn up **Call:** 0208 489 4250 **Email:** museum.services@haringey.gov.uk
- **Treasure Island**, 5–10 yrs, 17 August 1.30–3.30pm free. Imagine you're off to sail the seven seas! Design your own treasure map & make a handful of shiny coins to take home. Just turn up **Email:** museum.services@haringey.gov.uk **Call:** 0208 489 4250
- **Under the Sea**, 5–10 yrs free, 10 August 1.30–3.30pm. Discover what lurks in the ocean by handling fossilised sea creatures & be inspired to create your own underwater sea scene sprinkled with sand art. Just turn up **Email:** museum.services@haringey.gov.uk **Call:** 0208489 4250

Bruce Grove Youth Space, 10 Bruce Grove N17 6RA

Summer Holidays for 11–19 yrs & 19–25 yrs (SEND), free, Mondays– Fridays 2–8pm. Table Tennis, Chess, Cooking, Basketball, Boxing, Music Production, Gardening, Calisthenics, Art & Craft, Baking and Football. Trips on Fridays! Just Turn up **Call:** 07870 157613



Down Lane Recreation Ground, Park View Road, London N17 9EY

- **Daily Tennis Coaching** 4-11yrs, free, 24 July-1 September 10-11am (4-7yrs), 11am-12pm (8-11yrs). Georgians Tennis sharing their love of the game, qualified coaches offering fun, engaging sessions for all abilities. Booking essential **Web:** <https://www.georgianstennisclub.uk/holiday-camps>
- **Summer Football Coaching**, 5-14 yrs, Free (donations welcome), Tuesdays & Thursdays 10am-12pm July & August. Chettle Court Rangers Football Club coaching & mentoring for young people, providing opportunities for personal development & life skills. Book in advance **Email:** ccrfc@hotmail.com **Call:** 07835 866008
- **Women's Football**, 18+ 6-8pm, Wednesdays at the 3G pitch, all abilities welcome, £3 per session. **Email:** get.active@haringey.gov.uk **Call:** 07971 113 463.
- **Netball & Volleyball for Girls**, 16-24yrs, free (donations welcome). Weekday evenings from September (term times). Fun & challenging coaching to nail the fundamentals of these fantastic team sports. Jam packed with training methods to help you achieve a better level of fitness, keep you pumped, inspired & challenged. Opportunities to gain coaching & umpiring qualifications, play in leagues & tournaments. Gain leadership experience in our Youth Panel Register in advance for more info **Email:** Amplifytottenham@gmail.com **Call:** Violet 07957 271 779



Engine Room, Lebus St N17 9FU

C.O.A.C. Youth Club, Tuesdays 4:30-5:30pm from September (term times) free youth club for Haringey children 7-10yrs who have parents who live apart, are experiencing divorce or relationship breakdown in their families. **Book in advance:** www.pathsthroughchange.com/c-o-a-c

Ferry Lane Cruyff Courts, Jarrow Road, N17 9PS

- **Football & Fitness Thru Sport**, 10-16yrs, 24 July-1 Sept, free. Join our sessions & take part in exciting football activities that will boost your confidence, improve your fitness & level up your sporting skills. Booking essential **Email:** admin@thrulife.uk **Call:** 07944 4854718
- **Thru Life Football & Fitness programme**, 12-16yrs, 24 July-25 August, 4-7 pm, Free. Want to have fun, make friends & get fit? Join our sessions & take part in exciting activities that boost your confidence, improve your health & level up your sporting skills. Booking essential **Email:** admin@thrulife.uk **Call:** 07944 485 718
- **Basketball Games & Coaching** 9-16yrs, Wednesdays & Saturdays 4:30-5:30pm during July & August 1-4pm & 5-7pm, free (donations welcome). Skills & drills for all levels as well as small games including 1-on-1, 3-on-3 + 5-on-5. Opportunities to gain coaching & refereeing skills & qualifications, gain leadership skills in our Youth Panel. Just turn up **Call:** 07905 250042 **Email:** HB4Amarketing@gmail.com **Web:** <https://hb4amarketing.wixsite.com/haringeyb4a>

Frederick Knight Sports Ground, 80 Willoughby Lane, N17 0RT

Casual Weekdays Football, 5-16yrs 24 July-25 August 1-4pm, free. Join us for a kickabout at the 5 a-side & 7 a-side ballcourts. Just turn up **Call:** 07519249265 **Email:** casport@btconnect.com

Hyland House School, 97 Holcombe Rd, N17 9AB

Annual Back to School Hair Drive, U18yrs, Sunday 29 August 1-6pm, free for kids eligible for Free School Meals. M.A.P.P. Learning's 3rd annual event. Free natural hair braiding & barbering. Natural hair workshop for parents/carers (including free Treasure Tress hamper), BBQ, education & hair advice, live performances, bouncy castle, prizes to be won. All hairdressers & barbers qualified. Let's ace this school year together! Booking essential — **Email:** [Hello@mapplearning.org](mailto>Hello@mapplearning.org) **Insta:** [Mapp_learning](https://www.instagram.com/Mapp_learning)

Hartington Park, Stirling Road, N17 9UN

- **2TR Football**, 8+yrs, 24 July-1 Sept, free. Turn up & play — all genders & abilities welcome to take part in this mixture of drills skills & fun football games. Register in advance **Call:** 07912 355883
- **Legs, bums & tums with Shenika**, Mondays 6-7pm, free, just turn up. **Email:** shenika@defineme.net

Haringey Sixth Form College, 120 White Hart Lane, N17 8HR

- **Children's Theatre, This is Me & I'm the Vibe:** 7-11yrs, 24x-28 July, 10am-4pm, Pay What You Can (Recommended £75). creating a production with a performance at the end of the week. Children will go on a trip to an art gallery as they explore the hidden gems that leads them to discover where the vibe is. This production explores finding your identity through art but don't touch the paintings as they are magic & you may get drawn into their worlds! Register in Advance **Call:** 020 8243 8743 **Email:** info@haringeyshed.org
- **Youth Theatre, All Aboard Ship Ahoy:** 11-16yrs, 31 July-11 August, 10am-4pm. Pay What You Can (recommended £150). Creating a production with Haringey Shed & Sunshine International Arts. A project about a journey through the history of the steamship HMS Windrush- immigration, people & travels. A production exploring the roots of carnival through movement, acting & song with a performance at The Mall in Wood Green. Register in Advance **Call:** 020 8243 8743 **Email:** info@haringeyshed.org

Lee Valley Primary School, Somerford Grove N17 OPT

To The Whistle Sports and Activity Camp, 5-16yrs, 24 July-18 August, 9.30-3.30pm, £25 per day, Free School Meal places available (10% sibling discount available). Multi sports :Football, Basketball, Fencing, Archery, Gymnastics and much more. Activities: creative workshops, cooking, arts & crafts, fun inflatables & end of camp fun day with stalls & prizes. Register in Advance **Web:** <https://tothewhistlesportscamps.class4kids.co.uk> **Email:** Hello@tothewhistleltd.co.uk

Lordship Recreation Ground, Higham Road, N17 9EY

- **Dynamos Summer Cricket Course,** 8-11yrs 24 July-3 Aug, 11:45am-1:45pm, Free with voucher code FEMR8Z. Dynamos provides children with a more social offer focused on developing fundamental movement skills & applying them in an exciting game of countdown cricket. Every child who registers will receive their very own t-shirt. Booking essential **Email:** dynamos@middlesexccc.com
- **Weekly Parkrun,** all ages, Saturdays at 9am, free. Fun & friendly weekly 5k community event. Walk, jog, run at whatever your pace, volunteer or spectate – it's up to you! Every week we grab a post-parkrun coffee at the Lordship Hub, which is a volunteer run community centre, everyone's welcome. Register in advance to get your barcode **Web:** www.parkrun.org.uk
- **Harmony Garden Regular Sessions,** Tuesdays & Fridays 12-4pm. Whether you're a novice or you're an experienced gardener, come along & spend some time getting your hands in the soil and chatting with friends and neighbours. Free gardening skills course, all ages welcome. **Call:** Sandra 07888 678780 **Email:** foharmonygardens@gmail.com

- **Mixed Media Arts Club,** first Thursday of the month at Lordship Hub 11:15am-12:45pm, adults 18+ £7 per session. **Call:**Sandra 07888 678780 for more information.
- **Tottenham Flower & Produce Show,** All ages, Sat 9 Sept. Entries 8:30-10am, Stalls & workshops 11-5pm. Annual show featuring vegetable and flower competitions with workshops, activities, cake and craft stalls. Free to enter. volunteers & competitors needed. Just turn up & register **Email:** joanhcurtis51@gmail.com **Call:** 07538 717885
- **Regular Cycling Sessions,** All ages, free (donations welcome). Age-friendly cycling sessions with Wheely Tots. Families welcome, sessions for beginners & improvers. Check: www.wheelytots.com/sessions/ for details. Register in advance **Email:** bookings@wheelytots.com **Call:** 07397 902255
- **Heritage Walk** for 60+yrs, free. Wednesday 20 September at 11am, meet outside the Hub Cafe. **Call to book:** 07986 504 894 **Email** to book: oonagh.gay@icloud.com
- **Xplorer Challenge Day,** 6+yrs, 26 July, 11-2pm, Free. Xplorer is an orienteering challenge that helps children to use both mind & body. Completing a route by walking, using a wheelchair, running, or cycling. Meeting point by Lordship Hub. Register in Advance **Email:** get.active@haringey.gov.uk **Call:** 07971 113 463



Meridian Walk, Durban Road, N17 8EG

Basketball Games & Coaching 8-16yrs during July & August 1-4pm & 5-7pm, free (donations welcome). Skills & drills for all levels as well as small games including 1-on-1, 3-on-3 + 5-on-5. Opportunities to gain coaching & refereeing skills & qualifications, gain leadership skills in our Youth Panel. Just turn up **Call:** 07905 250042 **Email:** HB4Amarketing@gmail.com **Web:** <https://hb4amarketing.wixsite.com/haringeyb4a>



Project 20X20 Off Road Hub, Kenneth Robbins House, N17 0QA

Create 20X20 Summer Sessions, Female only sessions available, 11-18yrs, Wed, Thu & Fri during August, 12-6pm, free. Fun activities including taster sessions on live performance, music production, podcasting run by young people for young people. Also cooking club, arts & craft, fitness, pool, table tennis & PlayStation. Register in Advance **Call:** Dionne 07790 379 194 **Email:** Project2020@haringey.gov.uk

Somerford Grove Adventure Playground, Park Lane Close, N17 0HL

Somerford Grove Adventure Playground Children & young people only 1:30pm-5pm, 6-15yrs, 24 July-18 August (Also open 21 & 23 August), 11-5:30pm, fee. Child-led outdoor play, climbing, jumping, sliding, swinging, sand pit, messy & wet play. Occasional craft & forests schools' activities. Free School Meal Lunches available. Booking required for lunches & 11am-1:30pm family sessions. Register in advance with Haringey Play Association: www.haringey-play.org.uk, **Email:** Serena@haringey-play.org.uk **Call:** 07807 100 191

Somerford Grove Multi Use Games Area, Park Lane, N17 0HL

Basketball Sessions for All, 8-16yrs, 31 July-1 September, free (Donations welcome). Skills & drills for all levels as well as small games including 1-on-1, 3-on-3 + 5-on-5. Opportunities to gain coaching & refereeing skills, qualifications & leadership experience through our Youth Panel. Book: Just turn up **Call:** Hesketh 07905 250043 **Email:** HB4Amarketing@gmail.com **Web:** <https://hb4amarketing.wixsite.com/haringeyb4a>

Selby Centre, Selby Road, N17 8JL

Basketball Sessions for All, Juniors=5-18yrs, Senior =18+yrs, Fridays & Sundays 4-6pm Juniors, 6-8pm Seniors, Free (donations welcome). Skills & drills for all levels as well as small games including 1-on-1, 3-on-3 + 5-on-5. Opportunities to gain coaching & refereeing skills & qualifications, gain leadership skills in our Youth Panel. Just turn up **Call:** 07905 250042 **Email:** HB4Amarketing@gmail.com **Web:** <https://hb4amarketing.wixsite.com/haringeyb4a>

The Paddock, Ferry Lane N17 9BS

Free Weekly Wildlife Sessions: Habitat Wednesdays 10am-3pm, Wildlife Survey Fridays 11:15am-12:15pm. Families are welcome at our monthly weekend events. Pond Dip & Butterfly Walk, Saturday 29 July, 12-2pm, join us to see what critters live in our pond & learn about the butterflies in the meadow. Bird Walk, Saturday 26 August, join us to see what birds we have. Keep an eye out for our playful long tail tits & if you listen closely you might hear our greenfinches! **Register on Eventbrite:** @TCV The Paddock **Email:** Thepaddock@tcv.org.uk

Tottenham Community Sports Centre, 701-705 Tottenham High Road, N17 8AD

- **Basketball Sessions for All**, 8-16yrs, 31 July-1 September 10-am-12noon, free (donations welcome). Skills & drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5. Opportunities to gain coaching & refereeing skills & qualifications, gain leadership skills in our Youth Panel. Just turn up **Call:** 07905 250042 **Email:** HB4Amarketing@gmail.com **Web:** <https://hb4amarketing.wixsite.com/haringeyb4a>
- **Martial Arts Coaching**, 6-11 yrs, Mondays, Tuesdays & Thursdays 24 July-1 Sept 11-12:30pm, free. Non-contact kickboxing for boys & girls. Sessions include techniques & fitness. Just turn up **Email:** esmond.francis@btinternet.com
- **Rollerskating Fun**, 4-14yrs, Tuesdays, Wednesdays & Thursdays 25 July-17 August, 1.30-3pm & 3-4.30pm, £2. Casual skating to the latest music. We provide skates or bring your own. Booking essential **Call:** 07519249265 **Email:** casport@btconnect.com
- **Multi-Sport Camp**, Lunch provided, 5-7yrs, 14--31 August, Free. Play a mix of sports from NFL flag football, cricket, football and more. Bring your own water bottle – refilling stations available. Booking essential **Email:** thf.activities@tottenhamhotspur.com
- **SEND Sports Activities**. Lunch provided, 8-13yrs, 14-31, August, Free. Inclusive multi-sports for young people with additional needs. Bring your own water bottle – refilling stations available, booking essential. **Email:** thf.activities@tottenhamhotspur.com
- **Premier League Kicks**, open to boys & girls, 15-18yrs, Tuesdays during term time 7.30-9pm. Free football & multi-sport sessions, run by Tottenham Hotspur Foundation. Booking essential **Web:** https://www.tfaforms.com/4810038?tfa_264=a214L0000008Vfd

Tottenham Hotspur Stadium, 782 Tottenham High Road, N17 0BX

Moves Running Club, Tuesdays @ 6:30pm from outside Beavertown Cornerpin Pub, Saturdays @9:30am from Cafe M outside the stadium. Bring your vibes & positive energy for 5km runs and hills whatever the weather. Free, just turn up. **Insta:** @mafiamoves_



Alexandra Primary School, Western Road, N22 6UH

Awesome Childcare – Summer Holiday Camp, 4-11yrs, 24 July-18 August, 8-6pm, £25 per day. Make new friends & get involved in a wide range of activities including, arts & crafts, baking, film making, dance, structured ball games, trips, role play & group activities. Complimentary breakfast & light afternoon snack included. Limited amount of funded 15 hour spaces for families meeting the criteria. Book in advance. **Call:** 079215 26877 **Email:** infokidsspace@gmail.com

Belmont Juniors School, N22 6RA

To The Whistle Sports & Activity Camp, 5-16yrs, £25 per day, 24 July-10 Aug, 9.30am- 3.30pm. Free School Meal places available (10% sibling discount). Multi sports including Football, Basketball, Fencing, Archery & Gymnastics. Creative workshops, cooking, arts & crafts, fun inflatables & an end of camp fun day with stalls & prizes. **Book:** <https://tothewhistlesportscamps.class4kids.co.uk> **Email:** Hello@tothewhistleltd.co.uk

Multiple locations across Haringey & Enfield

Shape Up with Spurs, 18+yrs, Mon-Fri 9am-8pm, free. Running since October 2015, supporting hundreds of local residents each week to get active in a fun, safe & inclusive way. Tottenham Hotspurs' trained professionals are out delivering Monday – Friday at a range of times & locations. Just turn up **Email:** THF.Activities@tottenhamhotspur.com

The Community Hub, 8 Caxton road N22 6TB

Day trip to Southend on Sea by coach, All ages welcome, Thursday 3 Aug, departure 10am sharp, £20 per person. Make memories this summer as you explore the famous sandy beach, pier & attractions. Meet at The Community Hub, 8 Caxton road N22 6TB 9:45am. Departure 10am sharp, return departure time 5pm. Booking essential **Call:** 0208 889 6938 **Email:** office@thecommunityhub.org.uk

New River Sports Centre, White Hart Lane N22 5SW

- **Multi-Sport Camp**, Lunch provided, 5–7yrs Mon–Fri 24 July–11 August, free. Play a mix of sports from NFL flag football, cricket, football & more. Bring your own water bottle – refilling stations available. Just Turn Up **Email:** thf.activities@tottenhamhotspur.com
- **Daily Boxing Coaching**, u14yrs 1–2.30pm, +14yrs 2:30–4pm, 24 July–1 Sept, free. Top quality boxing for a full body workout. Helping you build strong bones & joints, muscle & definition, improve hand-eye coordination & boost confidence. It's also great for relieving stress & getting in shape. Opportunities for all abilities to learn new skills & drills. Just turn up **Email:** Chris@londonboxingacademy.co.uk **Call:** 0208 881 4050
- **Dance with Define Me**, 7–18yrs, 1 Aug, 12–4pm, free. Join the 'Define Me' school of dance for some awesome classes at New River **Book:** www.engineeroom.org.uk/community/defineme **Email:** shenika@defineme.net
- **Kicks Football Camp**, 8–13yrs, Mon–Fri 10am–4pm, 24 July – 31 August, free. Coaches will help you to improve your skills & develop your confidence on & off the pitch. Bring your own water bottle–refilling stations available. **Email:** thf.activities@tottenhamhotspur.com
- **Pedal Power Sessions**, 21, 28 July, 4, 11, 18, 25 Aug & 1 Sept, £3. Pedal Power cycling sessions for people of all ages with learning disabilities **Book:** Register in Advance **Web:** www.pedalpowercc.org **Call:** 074903 70347
- **Premier League Kicks**, 9–15yrs, Tuesdays 4–6pm, free. Football & multi-sport sessions, run by Tottenham Hotspur Foundation, open to boys and girl. Just Turn up **Web:** https://www.tfaforms.com/4810038?tfa_264=a214L0000008Vfd
- **Self Defence Sessions**, 26 July, 2, 9, 16, 23 & 30 Aug 2–3pm, free. Learn & practice a range of easy to remember techniques, to help you feel more confident. This course explores your views & perceptions of safety. Learn about assertiveness, understand & deal with aggression & identifying risky situations. Just turn up **Email:** get.active@haringey.gov.uk
- **SEND Sports Activities**, Lunch provided, 8–13yrs, Mon–Fri 24 July–11 August, free. Inclusive multi-sports for young people with additional needs. Bring your own water bottle–refilling stations available. Just Turn Up **Email:** thf.activities@tottenhamhotspur.com
- **Sports & Activity Camp**, 5–16yrs, 24 July–24 August, 9.30am–3.30pm. £25 per day, Free School Meal places available (10% sibling discount available). Multi sports: Football, Basketball, Fencing, Archery, Gymnastics. Activities: creative workshop, cooking, arts & crafts, fun inflatables & an end of camp fun day on Thu 24 August at New River from 1pm including stalls & prizes. Register in Advance **Web:** <https://tothewhistlesportscamps.class4kids.co.uk> **Email:** [Hello@tothewhistleltd.co.uk](mailto>Hello@tothewhistleltd.co.uk)

Palace Gates, 45–94 Braemar Avenue, N22 7AR

Drag Bingo Show, 50yrs+, Fri 28 July, 12–30pm, free. Alotta Nerve is bringing her cabaret friends to Haringey for a special afternoon of performances & a game of bingo! 25 tickets available. We'll provide tea & cake. You're welcome to bring a picnic. Book in advance **Call:** Jessica 07815 653 631 **Email:** jessica.amery@haringey.gov.uk

Rising Green Youth Hub, Unit 2, Lymington Avenue N22 6JA

Summer Holidays, Ages 11–19 (19–25 with SEN), 4 July–25 August 2:30–7:30pm, free. Fun activities including music room, games room, chillout room, training kitchen, IT suite, Playstation 5, t-shirt printing & trips. Just turn up **Email:** Carl.Latham-Henry@haringey.gov.uk



Sandbunker Community Centre, The Sandlings, Glynne Road, Noel Park, N22 6LR

Play Sessions 6–13yrs 25–27 July, 1–3 & 8–10 August, 12:30–4pm, free. Child-led play sessions: outdoor play, loose parts, arts & crafts, soft archery, skipping, chalks & games. Free School meal Lunches available. Register in advance with Haringey Play Association **Web:** www.haringey-play.org.uk **Email:** Serena@haringey-play.org.uk **Call:** 07807 100 191

Sky City Community Centre, 50 Mayes Road, N22 6SR

- **Go Grow With Love's Green Career Paths Clinic**, 16 yrs+, Mondays during July & August 10am-12pm, free. Passionate about protecting the environment? Jobs in the green sector allow you to focus on environmental concerns, encouraging sustainability and conservation. Our supportive career counsellor can help you find a role that suits your goals and affects change. Just turn up **Email:** info@go-grow.org.uk **Call:** Richard 07828 080155
- **Green Pathways – Grow Back Greener Project**, All ages, every Wednesday, free. Weekly food growing sessions for Sky City residents. Get involved and have fun learning about food. Just turn up **Email:** info@go-grow.org.uk **Call:** Richard 07828 080155
- **Basketball Games & Coaching** 8-16yrs, 31 July-1 September, free (donations welcome). Skills & drills for all levels as well as small games including 1-on-1, 3-on-3 + 5-on-5. Opportunities to gain coaching & refereeing skills & qualifications, gain leadership skills in our Youth Panel. Just turn up **Call:** 07905 250042 **Email:** HB4Amarketing@gmail.com **Web:** https://hb4amarketing.wixsite.com/haringeyb4a

Woodside High School, White Hart Lane, N22 5QJ

- **HR Sports Academy Football Camp**, 5-15yrs, 24-28 July & 31 July-4 August, 9-4pm, £15 per day, £65 per week. A week of fun & quality football coaching for boys & girls to develop their skills & techniques through a variety of activities. A packed lunch and refillable water bottle must be provided + participants must wear appropriate clothing. Booking essential **Web:** www.hrsportsacademy.co.uk **Call:** 07903107217 / 07947530498 **Email:** holidaycamps@hrsportsacademy.co.uk
- **HR Sports Academy Dance Camp**, 5-12 yrs, 24-28 July & 31 July-4 August, 9-4pm, £15 per day, £65 per week. Two weeks of fun games & quality dance coaching to develop skills & confidence. A packed lunch and refillable water bottle must be provided + participants must wear appropriate clothing. Booking essential **Web:** www.hrsportsacademy.co.uk **Call:** 07903107217 / 07947530498 **Email:** holidaycamps@hrsportsacademy.co.uk
- **HR Sports Academy Multi Sports Camp**, 5-15 yrs, 24-28 July & 31 July-4 August, 9-4pm, £15 per day, £65 per week. A week of fun games & competitions to develop skills & techniques in a wide variety of sports. A packed lunch and refillable water bottle must be provided + participants must wear appropriate clothing. Booking essential **Web:** www.hrsportsacademy.co.uk **Call:** 07903107217 / 07947530498 **Email:** holidaycamps@hrsportsacademy.co.uk

Opportunities to Get On

- **Living in Tottenham & looking for support around employment?** We offer information advice & guidance, CV and disclosure support, industry specific advice & training along with access to our live vacancies. **A Fairer Chance CIC**, helps to recruit people with convictions & barriers to employment, working to reduce crime & its impact on communities by providing people with convictions & those at risk of offending support with an end goal of gaining sustainable employment. Email: info@afairerchance.co.uk Office: Unit 418 The Archives, 10 High Cross Centre, N15 4BE, **Web:** www.afairerchance.co.uk
- **Learn As You Earn: Railway Track Operative Employment Programme**, Haringey residents, 18+ unemployed, Universal Credit recipients & ex-offenders. Experiencing barriers into work because of past mistakes? Looking for a fast-track into railway engineering? Train for 2-3 weeks in & receive a conditional employment offer (subject to meeting criteria). Who can Apply? Haringey residents, 18+ unemployed, Universal Credit recipients & ex-offenders **Call:** 0208 885 1252
- **Learn As You Earn: Community Peer Researchers**, Living in Haringey? Join us to investigate how we can improve the mental wellbeing of Black Communities. No previous experience needed – train & earn £11.05 p/h **Call:** 0208 855 1252 Email: research@nlpltd.com
- **Learn As You Earn: Researcher Opportunities**, Haringey residents in secondary school, 6th form or college? Looking to earn some money this summer? Who can apply? Haringey residents in secondary school, 6th form or college **Call:** 0208 885 1252
- **Youth Entrepreneur Workshops: Creative Exchange**
Tuesdays during August 3-5pm, Rising Green Youth Space, 2A Lymington Ave, N22 6JA
16-25yrs old? Join our founder-led workshops develop your creative entrepreneurship journey. Discover tips, tricks and insights in successful creative. Co-create with industry experts and fellow young entrepreneurs. Explore practical strategies to turn your ideas into reality. Gain insights on marketing, branding and financial management. Foster creativity, collaboration and networks. Engage in interactive activities, group discussions and practical exercises.
Email: startups@haringey.gov.uk **Call:** Nicola 07598 290 284





There's a rich tapestry of free & low-cost **grassroots** activity happening in Tottenham & Wood Green on any given day.

This booklet amplifies what's happening across our **community**, so we can come together whatever the weather.

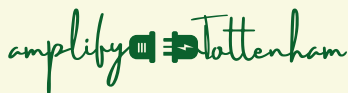
Old timer or pickney, zoomer or baller, there's an activity inside that's perfect for **YOU!**

Organising something in the ends during October to December?

Email us on amplifytottenham@gmail.com and we'll include it in the next edition.

Photo credits: **Go-Grow With Love CIC**

www.go-grow.uk



N15
N17
N22