



food support in

HARRINGEY

summer 2023

Tottenham Food Bank 1

Ground Floor, Tottenham Town Hall, N15 4RY

Mondays 12pm - 2pm
Thursdays 5pm - 7pm

3 days of emergency long life food, toiletries and household products. You must have a voucher to access this service. Please get your voucher before you attend and collect in person during opening hours.

How to get a voucher?

- **Help Through Hardship**
0808 208 2138
Mon-Fri: 9am-5pm (voucher for everyone)
- **Haringey Citizens Advice**
0808 278 7966
(voucher for Haringey residents in crisis only)
- **Connected Communities**
connectedcommunities@haringey.gov.uk
(voucher for Haringey residents in crisis only)

Community Food Hub 2

Ground Floor, Tottenham Town Hall, N15 4RY

Mon, Wed & Fri
Tickets are issued 4:45 - 6pm.
Service starts at 5pm.

Saturday
Tickets are issued 3:45 - 5pm.
Service starts at 4pm.

Fresh fruit, veg, bread, dairy, meat and ready meals. Everyone is welcome, no referral or voucher needed. Register with a volunteer when you arrive, same day collection. Only 1 person per household can register and collect food once a week, on the day you're registered for. Remember to bring your own bags.

Community Cook Up 3

Tue & Fri: Bridge of Hope, 46 Manor Road, London N17 0JJ
Thu: Outside Kenneth Robbin House, London N17 0QA

Tue & Fri: 12pm - 2pm (*Bridge of Hope*)
Thu: 9am - 9:30am (*Kenneth Robbin House*)

On Tuesday and Friday, we serve home cooked meals, provide support and invite you to take part in some social activities. On Thursday we operate a foodbank where you can choose your own food. Please bring your own bags. No referral or voucher needed.

Member of Right to Food Haringey.

We are looking for Turkish speaking volunteers. Please email us at communitycookup@gmail.com or call/text on 07734145375.

Haringey Streets Kitchen 4

Opposite Seven Sisters Station
(We Stand Together Bandstand)

Sundays 5pm

Hot meals, tea and coffee, cakes, conversation. Anyone is welcome.

We are always looking for volunteers! Please get in touch. Join "Streets Kitchen Haringey" Facebook page or come by 5-6pm on Sundays.

- web: www.streetskitchen.org

Hornsey Food Bank 5

Middle Lane Methodist Church, Middle Lane, London N8 8NT

Thursdays 10:30am - 1pm

Tinned and packaged food, fresh fruit and veg, bread and household essentials. No referral or voucher needed. Please bring your own bags for life or shopping trolley where possible.

- e-mail: wearehornsey@gmail.com
- web: hornseyfoodbank.com

OK Foundation 6

Thu: Lordship Hub, Lordship Rec. Off Higham Road, N17 6NU

Sun: 7 Holcombe Road, N17 9AA

Thursdays 12pm - 3pm
Sundays 12pm (till food is gone)

Free cooked hot meals for everyone, no referral/voucher needed. Entertainment is sometimes provided (music, games, discussions etc.).

Simply register in advance at: www.okfoundation.org

Food parcels with fruit, veg, sandwiches and ready made meals. Everyone welcome. No referral/voucher needed.

Holy Trinity Foodbank (Stroud Green) 7

Holy Trinity Church Hall, Stapleton Hall Road, N4 (next to St Aidan's Primary School)

Sundays 1:30pm - 3:30pm

We are a small, local food bank and offer mostly ambient food, with some fresh fruit, veg and bread when available and a small amount of toiletries. We welcome clients who live in the N4 and N8 areas of Haringey, but may also accept additional clients who live in other postcodes near to our foodbank. Please email us to see whether your postcode comes within our catchment area.

- e-mail: info@holytrinityfoodbank.org.uk

New volunteers always welcome! Please email or come along to a session for induction training and to sign up.



Holy Trinity Church Foodbank (Tottenham)

8

Philip Lane, Tottenham, N15 4GZ

Saturdays 12pm - 1pm

Food parcels. No referral or voucher needed, everyone is welcome.

• phone: 07950939033 (Christina Imoukhuede)



Selby Food Hub

9

Selby Road, N17 8JL

Tuesdays 2pm - 4pm

Thursdays 1:30pm - 3:30pm

Food parcels including fresh fruit and veg. Everyone welcome, no referral/voucher needed, take away food that day.



The Gospel Centre Food Bank

10

The Gospel Centre, Wightman Road, N8 0LT

Saturdays 10:30am - 12pm

Non perishable core service including toiletries and fresh produce usually available.

No referral needed.

• e-mail: gospelcfoodbank@gmail.com
• phone: 07305892314



Tottenham Seventh Day Adventist Church

11

255 West Green Road, N15 5EG

Tuesdays 12:30pm - 2pm

Saturdays 3:30pm - 5pm

Food parcels including fresh fruit and veg. Everyone welcome, no referral/voucher needed, take away food that day.



Bounds Green Food Bank

12

Saint Michaels Hall, 37 Bounds Green Road, N22 8HE

Tuesdays 1pm - 3pm

Thursdays 1pm - 3pm

Food collection available to anyone in need within the vicinity of the food bank in Bounds Green. Please bring I.D or proof of address. Chat with our trained volunteers... we're here to help!

Everyone welcome, no referral/voucher needed, take away food that day



Uptown Cuisine

13

161 Park Lane, N17 0HJ

Saturdays 2pm - 7pm

Fresh fruit, veg, bread, dairy, meat and ready meals. Everyone is welcome, no referral or voucher needed.



Antwerp Arms Community Pub

14

Antwerp Arms Community Pub,

168-170 Church Road, N17 8AS

Tuesdays 12pm - 2:30pm

The AAA serve a **free lunch every Tuesday for all from 12pm-2:30pm**. Everyone is welcome. No referral/voucher needed, just turn up! Lunches are prepared by volunteers. Everyone is also welcome to come from 11am for a coffee and chat.

We also utilise our small garden space for people to learn how to grow plants to build an edible garden between 10:30am and 12:30pm.

If you would like the opportunity to gain valuable experience to help prepare meals and garden, please email volunteer@antwerparms.co.uk



3Food4U RCCG Jesus Assembly

15

454A High Road, N17 9JD

Sundays 11am - 1:30pm

Food parcels with fresh fruit, veg and household essentials. No referral/voucher needed. Everyone is welcome. Remember to bring your 'bags for life.'

• e-mail: info@rccgjesusassembly.org.uk
• call: 07443 067 640
• web: www.rccgjesusassembly.org.uk



The Gospel Temple Apostolic Church / Tottenham Food Hub

16

The Trampery, 639 High Road, Tottenham N17 8AA

Every other Tuesday

11am-until parcels are finished

Tickets issued from 8am. Doors open at 11am.

Food parcels with fresh fruit, veg and personal hygiene items for anyone in need- homeless, unemployed and low income. No referral/voucher needed, take away food that day.

Please register on your first time visiting to be notified of the Tuesdays you can come to collect food.

• contact: **Susan - 07908 826980**

Please contact Susan to find out which Tuesdays the food bank is operating and if you have any further questions.



PCF Foodbank

17

89 Broad Lane, N15 4DW

Wednesdays: 11am til food runs out

Food parcels including fruit and veg. Household products will be distributed when available. Everyone welcome, especially homeless, unemployed and low paid. No referral/voucher needed. Same day collection, max of 100 parcels.

food providers by day

MONDAY

Tottenham Food Bank 1

🕒 12pm - 2pm

Community Food Hub 2

🕒 4:45pm - 6pm

TUESDAY

**The Gospel Temple
Apostolic Church** 8

🕒 11am - 1pm

**Community Cook Up
(Bridge of Hope)** 3

🕒 12pm - 2pm

**Antwerp Arms
Community Pub** 14

🕒 12pm - 2:30pm

**Tottenham Seventh
Day Adventist Church** 11

🕒 12:30pm - 2pm

**Bounds Green
Food Bank** 12

🕒 1pm - 3pm

Selby Food Hub 9

🕒 2pm - 4pm

WEDNESDAY

PCF Food Bank 17

🕒 11AM- til food is gone

Community Food Hub 2

🕒 4:45pm - 6pm

THURSDAY

**Community Cook Up
(Kenneth Robin)** 3

🕒 9am - 9:30am

Hornsey Food Bank 5

🕒 10:30am - 1pm

OK Foundation 6

🕒 12pm - 3pm

**Bounds Green
Food Bank** 12

🕒 1pm - 3pm

Selby Food Hub 9

🕒 2pm - 4pm

Tottenham Food Bank 1

🕒 5pm - 7pm

FRIDAY

**Community Cook Up
(Bridge of Hope)** 3

🕒 12pm - 2pm

Community Food Hub 2

🕒 4:45pm - 6pm

SATURDAY

**The Gospel Centre
Food Bank** 10

🕒 10:30am - 12pm

**Holy Trinity Church
Foodbank (Tottenham)** 8

🕒 12pm - 1pm

**Tottenham Seventh
Day Adventist Church** 11

🕒 3:30pm - 5pm

Community Food Hub 2

🕒 3:45pm - 5pm

Uptown Cuisine 13

🕒 2pm - 7pm

SUNDAY

**3Food4U RCCG
Jesus Assembly** 15

🕒 11am - 1:30pm

**OK Foundation
(Holcombe Road)** 6

🕒 12pm - till food is gone

**Holy Trinity Foodbank
(Stroud Green)** 7

🕒 1:30pm - 3:30pm

**Haringey Streets
Kitchen** 4

🕒 5pm



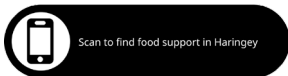
Scan or click to
access a digital map
via Google Maps



Haringey Community Food Network (HCFN)

is a network of food growers, suppliers, emergency food providers, food banks, community kitchens, food delivery services, homeless outreach projects and food support organisations across Haringey.

To see where else you can access food support across the borough, please visit www.hcfn.org.uk/food-support-map or **scan the QR code** below using the camera on your mobile phone.



come & GET INVOLVED

Would you like to make a difference in your local community? Would you like to share your story to affect change?

If so, please join us at our monthly discussion sessions where we will talk about the issues that affect people who have experienced food insecurity or struggled to buy food. We'll work together to come up with campaign ideas and solutions for change.

If you've ever struggled to feed yourself or your family, **your voice matters** and we'd love to hear it!

To find out more or to get involved, please email us at campaigns@tottenham.foodbank.org.uk or call/text us on **07961864664**.

*** share your story**
MEET OTHER PEOPLE
get involved in campaigns
MAKE A DIFFERENCE *

Help fight back against the Cost of Living Crisis by volunteering at our local FoodBanks & FoodHubs!

- Gain experience, share your skills and learn new ones
- Build your confidence
- Empower local residents
- Get to know your neighbours
- Boost your career prospects

Get in touch if you would like to support your local community!

Community Food Hub

Email info@freedomark.org or turn up 2hrs before service starts. All volunteers are entitled to pick up groceries for themselves.

Community Cook Up

We are looking for Turkish speaking volunteers. Please email us at communitycookup@gmail.com or call/text us on 07734145375

Holy Trinity Food Bank

New volunteers are always welcome! Please email us at info@holytrinityfoodbank.org.uk or come along to a session for induction training and to sign up.

Haringey Streets Kitchen

We are always looking for volunteers! Please get in touch. Join "Streets Kitchen Haringey" Facebook page or come by 5-6pm on Sundays.

