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 in Tottenham
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## * free kids camps <br> * free \& low cost activities

## - SELBY ACTIVE HOLIDAY CLUB

Selby Centre, Selby Road, Tottenham N17 8JL

Mon 25.July to Thurs 28th July (9:45am - 3pm)
Mon 1st Aug to Thurs 4th Aug
(9:45am - 3pm)
Mon 8th Aug to Thurs 11 Aug
(9:45am - 3pm)
Multi-sports and enrichment activities for 5 to 16 year olds. Refreshment and lunch provided! Programme is FREE for children and young people receiving free school meals.

To find out more on signing up and eligibility, please visit:
https://www.selbytrust.co.uk/summer.
For extra information and support on booking a place:
mail: behlul@selbytrust.co.uk, call: 02088855499

- DALMAGE ACTIVE MULTI SPORTS SUMMER HOLIDAY CAMP

Selby Centre, Selby Road, Tottenham N17 8JL
Summer camp runs from Mon 25th July to Fri 26th Aug. Days: Mon-Fri
Time: 11am-3pm
Come join in and enjoy Dalmage Active Multi-Sports Summer Holiday Camp for 6 to 15 year olds. Give your children an opportunity to have fun, gain confidence and interact with others. There are a range of outdoor games, activities and prizes to be won.

For more info:
www.dalmageactive.co.uk
07946257245

- SPURS SUMMER SPORTS CAMP

New River Sports \& Fitness Centre, White Hart Lane, London N22 5QW
Runs from Mon 25th July to Sat 20th Aug Days: Mon to Wed
Time: 12pm-1pm
Free summer football \& multi-sport
sessions for children aged 5 to 16.
To book your place:
thf.activities@tottenhamhotspur.com

- SPURS SUMMER SEN SPORTS CAMP
New River Sports \& Fitness Centre, White Hart Lane, London N22 5QW

Runs from Mon 25th July to Sat 20th Aug Days: Mon to Wed
Time: 12pm-1pm
Free summer disability football and multisports sessions for 10-16 year olds.
To book your place:
thf.activities@tottenhamhotspur.com

- THRU LIFE FUN \& FITNESS THRU SPORTS
Ferry Lane Cruyff Court, Jarrow Road, Tottenham, London N17 9PS
Runs from Mon 25th July to Fri 26th Aug (excluding weekends)
Days: Mon to Fri
Time: 10:30am - 2:30pm
If you want to have fun, make friends and get fit at the same time, join our sessions and take part in exciting activities that will boost your confidence, improve your health and level up your sporting skills.
For 8 to 16 year olds.
Book your place:
admin@thrulife.uk,
call: 07944854718
- THRU LIFE FOOTBALL \& FITNESS MENTORING THRU SPORTS

Ferry Lane Cruyff Court, Jarrow Road, Tottenham, London N17 9PS
Runs from Mon 25th July to Fri 26th Aug
Learn like a professional and improve your all-round game. For 15+ year olds. Just turn up!

Book your place:
admin@thrulife.uk,
call: 07944854718

## - FOOTBALL CAMP WITH THE CHETTLE COURT RANGERS FOOTBALL CLUB

Down Lane Recreation Ground, Park View
Road, London N17 9EY
Runs from Mon 25th July to Fri 2nd Sep
Days: Tues and Thurs
Time: 10am-12pm
Come and take part in recreational and competitive sport through regular coaching sessions. Coaching and mentoring is offered to young people to improve their life skills and personal development through training. For 4 to 13 year olds.

To book a place, please call 07835866008 or email: ccrfc@hotmail.com

FOOTBALL CAMP AT THE FREDERICK KNIGHT SPORT GROUND
The Frederick Knight Sport Ground, Willoughby Lane, London N17 OSL

Runs from Mon 25th July to Fri 26th Aug Days: Mon-Fri
Time: 1pm-4pm
Casual use of 5 aside and 7 aside quality ballcourts. For 5 to 16 year olds. Just turn up!

Email: casport@btconnect.com

- GIRLS FOOTBALL SESSION

Markfield Park, Crowland Road, South
Tottenham, N15 6UL
Days: Wednesdays
Time: 6pm to 7pm
For 12 to 14 year olds. For more details, Email: get.active@haringey.gov.uk, Call: 07971113463

## - 2TR FOOTBALL

Down Lane Recreation Ground, Park View Road, London N17 9EY

Free fun football sessions for 8+ are delivered on a turn up and play bases. All abilities are welcome to take part in a mixture of drills, skills and fun football games. Just turn up! For more info call 07912355883
Dates: Mon 25th July to Fri 26th Aug
Venue: Chestnuts Park,
93 St. Ann's Road, London N15
Time: 3pm-5pm
Cost: FREE
Dates: Mon 25th July to Fri 26th Aug
Venue: Hartington Park, 1 Stirling Road, Tottenham, London N17
Time: 12pm-2pm
Cost: FREE

- BROADWATER FARM COMMUNITY CENTRE BASKETBALL

Broadwater Farm Community Centre, Adams
Road, Tottenham N17 6HE
Runs from Tues 26th July to Sun 28th Aug Days: Sunday
Time: 5pm-7pm
Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5. For 7-18+ year olds. Just turn up!
Contact: 07905250042

## - DUCKETTS COMMON

 DAYTIME BASKETBALLDucketts Common, Green Lanes N15 3EA
Runs from Mon 25th July to Fri 2nd Sep
Days: Mon-Fri
Time: 1pm-4pm
Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5. For 7-18+ year olds. Just turn up!

Contact: 07905250042 (Coach Hesketh)
Email: Hesketh.hba@gmail.com Instagram: HaringeyB4A

## - DUCKETTS COMMON LATE NIGHT BASKETBALL

Ducketts Common, Green Lanes N15 3EA
Runs from Mon 25th July to Fri 2nd Sep Days: Mon-Fri
Time: 5pm-7pm
Come along and take part in skills and drills for all levels as well as small games including 1 -on-1, 3-on-3 and 5-on-5. For 7-18+ year olds. Just turn up!
Contact: 07905250042 (Coach Hesketh)
Email: Hesketh.hba@gmail.com
Instagram: HaringeyB4A

## - SOMERFORD GROVE BASKETBALL

Somerford Grove, N17 OHL
Runs from Mon 25th July to Fri 2nd Sep Days: Mon-Fri
Time: 4pm-5pm
Come along and take part in skills and drills for all levels as well as small games including 1-on-1, 3-on-3 and 5-on-5. For 7-18+ year olds. Just turn up!

Contact: 07905250042 (Coach Hesketh)
Email: Hesketh.hba@gmail.com Instagram: HaringeyB4A

- BOXING SELBY ABC

Selby Centre, Selby Road, Tottenham N17 8JL
Runs from Mon 25th July to Fri 2nd Sep
Days: Mon-Fri
Time: 1pm-4pm
Boxing for all...Come along and take part in skills and drills for all levels and ages. Just turn up!
Email: nevesmabu@gmail.com

- BOXING FOR ALL

Footsteps Academy, New River Sport and Fitness Centre, White Hart Lane, London N22 5QW

Runs from Mon 25th July to Fri 2nd Sep
Come along and take part in top quality boxing coaching by London Boxing Academy. Learn new skills and drills, suitable for all abilities. Just turn up!

Email: chris@londonboxingacademy.co.uk

## SUMMER STORIES - CIRCUS SKILLS + THEATRE DESIGN

Collage Arts, Collage Artspace2, 4 Coburg Road, London N22 6UJ
Days: Mon 25th July - Thurs 28th July Time: 2pm-5pm

Come and learn about the on-stage and backstage aspects of circus and theatre performance. Practice juggling, balancing, tumbling and also design and make some fun props and sounds for our acts. For 8 to 14 year olds.

To book your place, email: chusi@jacksonslane.org.uk

## - SUMMER THEATRE WITH HARINGEY SHED

Haringey 6th Form College, White Hart Lane, London N17 8HR

Mon 25th July to Fri 29th July
(7 to 11 year olds)
Mon 1st Aug to Fri 12th Aug
(11 to 16 year olds)
Starting from scratch young people will create a brand new musical working towards performances at the end of the project. For 7 to 16 year olds.
Families are allowed to pay what they can.
Recommendation is $£ 10$ a day
To book a place, please email: info@haringeyshed.org, call 02082438743

## - CREEPY CRAWLIES AT THE CASTLE

Bruce Castle Museum, Lordship Lane, London N17 8NU

Sun 7th Aug, Wed 10th Aug, Wed 21st Aug and Sun 4th Aug
Time: 1:30pm-3:30pm
Try your hand at a range of bug related arts and crafts. Find out all about bugs, beasties and creepy crawlies with stories, dressing up and games. For 5 to 12 year olds.
All children must be accompanied by an adult. Just turn up!

Email: museum.services@haringey.gov.uk, Call: 02084894250

Downhills Park Road, London N17 6PB
Runs from Mon 25th July to Fri 19th Aug Days: Mon - Fri
Time: 10am - 11am (for 5 to 7 year olds)
Time: 11am-12pm (for 8 to 11 year olds)
Join us for our free fun tennis sessions this summer. All abilities welcome. Sessions are delivered by Georgians Tennis Club. For 5 to 11 year olds.
Please book in advance:
parks@georgiansclub.com.
Visit: https://clubspark.lta.org.uk/ GeorgiansTennisinthePark/Community

- HARINGEY PARK TENNIS DOWN LANE PARK

Park View Road, London, N17 9EY
Runs from Mon 25th July to Fri 19th Aug Days: Mon - Fri
Time: 1pm - 2pm (for 5 to 7 year olds)
Time: 2pm - 3pm (for 8 to 11 year olds)
Join us for our free fun tennis sessions this summer. All abilities welcome. Sessions are delivered by Georgians Tennis Club. For 5 to 11 year olds.

Please book in advance:
parks@georgiansclub.com.
Visit:https://clubspark.lta.org.uk/
GeorgiansTennisinthePark/Community

## - HARINGEY PARK TENNIS PRIORY PARK

Priory Church Lane, London, N17 7AA
Runs from Mon 25th July to Fri 19th Aug Days: Mon - Fri
Time: 10am - 11am (for 5 to 7 year olds)
Time: 11am-12pm (for 8 to 11 year olds)
Join us for our free fun tennis sessions this
summer. All abilities welcome. Sessions are
delivered by Georgians Tennis Club. For 5 to 11 year olds.
Please book in advance:
parks@georgiansclub.com.
Visit:https://clubspark.lta.org.uk/
GeorgiansTennisinthePark/Community

## - BE STREET WISE

Broadwater Farm Community Centre, Adams Road, Tottenham N17 6HE

Runs from Mon 1st Aug to Mon 29th Aug Days: Every Monday
Time: 6pm - 7pm
Come along and learn new self-defense skills with fully trained instructors. Learn how to stay safe the safe way! For 12+ year olds.
Just turn up!
Email: get.active@haringey.gov.uk

# - BE STREET WISE 

Broadwater Farm Community Centre, Adams Road, Tottenham N17 6HE

Runs from Mon 1st Aug to Mon 29th Aug Days: Every Monday
Time: 6pm - 7pm
Come along and learn new self-defense skills with fully trained instructors. Learn how to stay safe the safe way! For 12+ year olds. Just turn up!

Email: get.active@haringey.gov.uk

## - KICKBOXING FOR KIDS

Tottenham Community Sports Centre, 701-
703 High Road Tottenham, London N17 8AD
Runs from Tues 26th July to Thurs 18th Aug
Days: Tues - Thurs
Time: 11am-12:30pm
Non-contact kickboxing for boys and girls aged 6 to 11 years. Sessions include teaching techniques and fitness. Just turn up!
Contact: 07399028633

## - HOMEGROWN <br> SATURDAY SCHOOL

Ashley House, Ashley Road, London N17 9LZ
Saturday school activities for 8 to 17 year olds. African/carribean history and culture, cooking classes, maths, science and english tuition, film club/critical thinking.
Start date: Saturday 23rd July
Please contact Emma:
Email: communityumbrella@yahoo.com
Call 07468385964 to book your place

# - THESE GIRLS DO! 

Broadwater Farm Community Centre, Adams Road, Tottenham N17 6HE

Runs from Mon 1st Aug to Fri 29th Aug
Come and join our These Girls Do sessions! Meet new people, try something new or come and enjoy something you love! Just turn up! 14+ year olds

Yoga: 5pm-6pm
Self Defence: 6pm-7pm

- BRUCE GROVE YOUTH SPACE

Bruce Grove Youth Space, 10 Bruce Grove, Tottenham, London N17 6RA

Runs from Mon 25th July to Fri 26th Aug Days: Mon - Thurs
Time: 2pm-8pm
An inclusive environment, fun activities including sports, gaming, creative outlets dance, music, drama, and most importantly and environment where you will be supported by staff and volunteers. Just turn up!
For 11 to 19 year olds, up to 25 years old if SEND)

- SUMMER ACTIVITIES AT RISING GREEN YOUTH HUB
Rising Green Youth Hub, Unit 2 Lymington Avenue, Wood Green, London N22 6AJ

Runs from Mon 25th July to Fri 26th Aug Music Production, Cooking, Radio Presenting, Photography, Love Me Love My Hair, Podcasting, Artist Development, T-Shirt Printing with Fabric Paints, Yoga, Baking, Cooking, Nail Art, Henna, Spoken word, Dance and much more...

For 10 to 19 year olds (and up to 25 if SEND) Call: 07896823041, Email: alison.hackshaw@haringey.gov.uk www.youthspace.haringey.gov.uk

- HARPA'S SANDLINGS SANDBUNKER PLAY PROJECT

Sandbunker Community Centre, Sandlings Estate, Off Glynne Road, London N22 6XS
Runs from Wed 27th July to Fri 12th Aug Days: Wed - Fri
Time: 12:30pm-4pm
Play sessions include free play, outdoor play, equipment, arts \& crafts, soft archery, skipping, games and hang out with your friends. Younger children can attend with parents. Just turn up!
Contact: seerena@haringey-play.org.uk

## - MARKFIELD SUMMER

 PLAYSCHEMEMarkfield Road, N15 4RB
Runs from Mon 1st Aug to Wed 31st Aug
Days: Mon - Fri
Time: 10am-3pm
Just turn up! Our children's playschemes are here for children with disabilities and their siblings. At Markfield we have a huge accessible adventure playground and have space for many more outdoor activities, we make sure that we meet the play needs of our children by providing inclusive and sensory play sessions.
To book, email: rwalton@markfield.org.uk, Call: 02036675232

## - BUGS AND BEASTIES AT BRUCE CASTLE

Bruce Castle Museum, Lordship Lane, London N17 8NU
Runs from Mon 1st Aug to Wed 31st Aug Days: Wed - Sun
Time: 1pm-5pm
Come on over to Bruce Castle in August and find out all about mini beasts. Dress up, explore a range of stories, try your own bug hunt in the park, and add your findings to our big bug chart. All children must be accompanied by an adult. Just turn up! For all ages


- BREADLINE LONDON

BGYS : Bruce Grove Youth Space, 10 Bruce
Grove, Tottenham, London N17 6RA
RGYH: Rising Green Youth Hub, Unit 2
Lymington Avenue, Wood Green, London
N22 6AJ

## Jewellery \& Woodwork with Kyle

Develop skills using wood to create crafts and jewellery design
Days: Mondays (BGYS) | Time: 2pm-4pm
Days: Thursdays (RGYH) | Time: 2pm-4pm
Road to Carnival with Sheryl
Come and get creative learn face painting, create some carnival bling and even make a headdress
Days: Mondays (BGYS) | Time: 4pm-6pm
Days: Wednesdays (RGYH) | Time: 4pm-6pm

## Level up with Ama

The level up program will take you on a leadership journey, build confidence, selfesteem \& mental wellbeing. Leadership skills help bring out the CHANGE MAKER in YOU!!
Days: Mondays (BGYS) | Time: 6pm-8pm
Days: TBC (RGYH) | Time: TBC

## Gardening with Paulette

Learn about plants and growing. Learn about what to plant, when to plant, and eat planting for food or fun
Days: Tuesdays (BGYS) | Time: 2pm-4pm
Love me Natural with Khy
Learn about and create natural hair and skin products that perform just as good as store bought products
Days: Tuesdays (RGYH) | Time: 4pm-6pm
Days: Wednesdays (BGYS) |Time: 4pm-6pm
Pocket Money Entrepreneurs with Marie Learn about and develop your business idea, build confidence, skills with opportunities to showcase and trade your products. For 11 to 15 year olds interested in business
Days: Wednesdays (BGYS) |Time: 4pm-6pm
Days: Tuesdays (RGYH) | Time: 4pm-6pm
Too Blessed to be Stressed with Paulette
Come and learn how to manage and reduce stress by positive thinking, nutritious food, fun and love
Days: Tuesdays (BGYS) | Time: 6pm-8pm
For more information, call Marie: 07415489506, Email:breadlinelondon@gmail.com

LUOS Community Hub \& Community Cafe,
Down Lane Park, Park View Road, N17 9EY

## WEDNESDAY

Cafe and Hub Open 10am-5pm
Admin, Booking \& Registration: 10-10:30am
Multi-Sport: 10:30am-12pm (5+ years)
Gardening \& Food Growing: 10:30am-12pm
(All ages, family friendly)
Eco Arts \& Crafts: 10:30am-12:30pm (4 to 11 years old)
Free Lunch: 12:30pm-1:30pm (For all participants and siblings)

## THURSDAY

Cafe and Hub Open 10am-5pm
Admin, Booking \& Registration: 10-10:30am
Multi-Sport: 11am-12pm (5+ years)
Wheelchair Basketball: 10:30am-12:30pm
( $5+$ years)
Eco Arts \& Crafts: 10:30am-12:30pm (4 to 11 years)
Free Lunch: 12:30pm-1:30pm (For all participants and siblings)

## FRIDAY

Cafe and Hub Open 10am-5pm
Admin, Booking \& Registration: 10-10:30am
Football: 10:30am-12:30pm
(14 to 16 year olds)
Dance \& Aerobic: 11am-12:30pm
(Family friendly)
Eco Arts \& Crafts: 10:30am-12:30pm ( 4 to 11 years)
Free Lunch: 12:30pm-1:30pm
(For all participants and siblings)

## SATURDAY

Cafe and Hub Open 10am-5pm
Admin, Booking \& Registration: 10-10:30am
Eco Arts \& Crafts: 10:30am - 12pm
(4 to 11 years old)
Wheelchair Basketball: 10:30am - 12pm
(5+ years old)
Gardening \& Food Growing: 10am-12pm (All ages, family friendly)


# KIDS EAT FOR LESS OR FREE DURING SUMMER 2022 

## MORRISONS

Spend $£ 4.99$ to get a free kids meal after 3pm daily, normally all day during half term.

## ASDA CAFE

Kids eat for £1 every day with NO need for a paying adult from 25th July to 4th September 2022.

## DUNELM

One free mini main, two snacks and a drink for every $£ 4$ spent in the instore cafe.

## YO!

Kids eat free from 3pm-5:30pm, Mon-Thurs for every $£ 10$ spent on food.

## BEEFEATER \&

BREWERS FAYRE
Free breakfast for two children under 16 with every paying adult.

## HUNGRY HORSE

Free kids breakfast with an adults breakfast from 9am-12pm daily.

## IKEA

Get TWO kids hot meals, fruit, drink and jelly for $£ 5$ in their restaurants (subject to availability)

## BELLA ITALIA

Kids eat for $£ 1$ with each adult meal from 4-6pm on Mon-Thurs.

## DOBBIES

Kids eat free with an adult main meal.

## TABLE TABLE

Two children under 16 get a free breakfast with one paying adult every day.

## CAFE ROUGE

Kids eat for $£ 1$ with an adult meal excluding Saturday.

## MORE TO COME!!

M\&S, TESCO and more expected soon, see their websites for latest information.

THE BANC (West Green Rd)
Buy an adult meal and pay up to $£ 1$ for a child during the summer (for children up to age 12)

FORKS \& GREEN (West Green Rd) Buy an adult meal and pay up to $£ 1$ for a child during the summer (for children up to age 12)

## - HR SPORTS ACADEMY FOOTBALL CAMP

Woodside High School, White Hart Lane, Wood Green, London N22 5QJ

Runs from Mon 5th Aug to Fri 5th Aug Days: Mon-Fri
Time: 9am-4pm
Join us for two weeks of fun and quality football coaching for boys and girls to develop their skills. For 5 to 15 year olds. A packed lunch and refillable water bottle must be provided and participants must wear appropriate clothing.
Full week cost $£ 65$ or $£ 15$ per day.
Completely free for
Free School Meal Students.
Please visit www.hrsportsacademy.co.uk to book a place.
Email: holidaycamps@hrsportsacademy.co.uk Call: 07903107217 or 07947530498

## - HR SPORTS ACADEMY FOOTBALL CAMP

Markfield Park MUGA (Multi Use Games Area), Crowland Road, South Tottenham, N15 6UL
Runs from Mon 8th Aug to Fri 19th Aug Days: Mon-Fri
Time: 9am-4pm
Join us for two weeks of fun and quality football coaching for boys and girls to develop their skills. For 5 to 15 year olds. A packed lunch and refillable water bottle must be provided and participants must wear appropriate clothing.

Full week cost £65 or £15 per day. Completely free for
Free School Meal Students.
Please visit www.hrsportsacademy.co.uk to book a place.
Email: holidaycamps@hrsportsacademy.co.uk
Call: 07903107217 or 07947530498

- HR SPORTS ACADEMY MULTI SPORTS CAMP

Markfield Park MUGA (Multi Use Games Area), Crowland Road, South Tottenham, N15 6UL

Runs from Mon 8th Aug to Fri 19th Aug
Days: Mon-Fri
Time: 9am-4pm
Two weeks of fun, games and competitions which allow participants to develop their skills and techniques in a wide variety of sports. For 5 to 15 year olds. A packed lunch and refillable water bottle must be provided and participants must wear appropriate clothing.
Full week cost $£ 65$ or $£ 15$ per day.
Completely free for
Free School Meal Students.
Please visit www.hrsportsacademy.co.uk to book a place.
Email: holidaycamps@hrsportsacademy.co.uk
Call: 07903107217 or 07947530498

## - HR SPORTS ACADEMY MULTI SPORTS CAMP

Woodside High School, White Hart Lane, Wood Green, London N22 5QJ

Runs from Mon 8th Aug to Fri 19th Aug
Days: Mon-Fri
Time: 9am-4pm
Two weeks of fun, games and competitions which allow participants to develop their skills and techniques in a wide variety of sports. For 5 to 15 year olds. A packed lunch and refillable water bottle must be provided and participants must wear appropriate clothing.
Full week cost $£ 65$ or $£ 15$ per day.
Completely free for
Free School Meal Students.
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Email: holidaycamps@hrsportsacademy.co.uk Call: 07903107217 or 07947530498

## - THE WITTY DITTY KIDZ ART ' $N$ ' TECH HUB

## Coming August and September 2022

Witty Ditty's aim is to empower local kids through creative learning to unlock their artistic talent, confidence and creative potential. For creative kids aged 6 to 11 years old who love art and tech.

Please contact Bee for more information.
Bee: 07903382242 • Email: info@wittydittydesigns.com•Instagram: @WittyDittyDesigns

## - NEW RIVER'S SUMMER OF FUN

New River Sports \& Fitness Centre, White Hart Lane, London N22 5QW

Runs from Mon 25th July to Wed 31st Aug Days: Mon - Fri
Time: 9:30am-3:30pm
The camps will boast a range of activities like Tennis, Zorbing, Archery, Team Games, Handball, Football, Gymnastics, Rugby, Rounders and more! For 6 to 15 year olds
Cost: Completely free for those on Free School Meals. £20 per day/ £15 concession

To book a place, email: ttwsportscamps@gmail.com, call: 08002062286

## - FAMILY SWIMMING

Tottenham Green Pools \& Fitness, 1 Philip Lane, London N15 4JA

Everyday
Up to 50 mins swimming together as a family in our pool! Children under 4 must be accompanied by an adult on a 1:1 basis. Children aged 4-7 must be accompanied by one adult to 2 children

Cost: £8 for Adult or Concessions £1.75£2.40, £1 for Junior (under 16s)

To book, visit
https://www.fusion-lifestyle.com/centres/ tottenham-green-pools-fitness/activities Call: 02088857300

## - FUN \& WAVES

Tottenham Green Pools \& Fitness, 1 Philip
Lane, London N15 4JA
Various dates
Join us for some fun in the pool with a variety of floats and waves machines to keep you entertained. Children under 4 must be accompanied by an adult on a 1:1 basis. Children aged 4-7 must be accompanied by one adult to 2 children
Cost: £8 for Adult or Concessions £1.75£2.40, £1 for Junior (under 16s)

To book, visit
https://www.fusion-lifestyle.com/centres/ tottenham-green-pools-fitness/activities Call: 02088857300

## SOFT PLAY

Tottenham Green Pools \& Fitness, 1 Philip Lane, London N15 4JA
Various dates
Let your children learn through play and have some time to yourself while they're at it. A few hours at soft play and your little ones will be on cloud nine. For 0-7 year olds
Cost: £4.20
To book, visit
https://www.fusion-lifestyle.com/centres/ tottenham-green-pools-fitness/activities/ soft-play
Call: 02088857300

## - SUMMER HOLIDAY CAMP

Priory Park (behind the tennis courts), Priory Church Lane, London N17 7AA
Runs from Mon 25th July to Fri 12th Aug Days: Mon to Fri
Time: 9:30am - 3pm
Our holiday camps are full of energy, containing a variety of games and activities. All activities are specifically chosen to turn up the fun whilst giving all involved a chance to learn new skills, make new skills, and build confidence within themselves and each other. Just turn up!

Cost: £25
Book: www.sams-sports-solutions.com, Call: 07956298495

## - ROLLERSKATING

Tottenham Community Sports Centre, 701-703
High Road Tottenham, London N17 8AD
Runs from Tues 26th July to Thurs 18th Aug Days: Tues-Thurs
Time: 1:30pm-3pm, 3pm-4:30pm
Casual skating to the latest music. We provide skates or you can bring you own.
Cost: £2
Please book in advance by calling 07519249265 (Mon-Fri between 10am and 4 pm ) to secure your child's place.

- WHEELY TOTS AGE FRIENDLY CYCLING
Lordship Recreation Ground (Muga) N17 6NU
Mon 25th July to Thurs 28th July
Sessions at 10am, 11am, 12:30pm \& 1:30pm
Mon 1st Aug to Thurs 4th Aug
Sessions at 10am, 11am, 12:30pm \& 1:30pm
Join us this summer at Lordship Rec for Age Friendly Cycling. Learn to ride, improve your skills, have access to bikes. For toddlers upwards, families are welcome.

Book your place at
https://wheelytots.com/sessions/

## - MINI BEASTS AT THE CASTLE

Bruce Castle Museum, Lordship Lane, London N17 8NU

Saturday 6th Aug, 1:30pm - 3:30pm
Saturday 20th Aug, 1:30pm-3:30pm
Come on down to the Castle Courtyard and have a go at dressing up, see what you can spot, and then take a seat in our story corner for some mini beast tales. All children must be accompanied by an adult. Just turn up! For 3 to 7 year olds

## - PROJECT2020

Ground Floor, Kenneth Robbins House, Northumberland Park, London N17 OQA
A fun and free programme of activities including Arts \& Craft, First Aid, Music and Media, Your Bike Project, Cooking Club, Football Coaching, Pool Table, PlayStation and more

Delivery Days
Wed 3rd Aug - Fri 5th Aug: 12pm-6pm
Wed 10th Aug - Fri 12th Aug: 12pm-6pm
Wed 17th Aug - Fri 19th Aug: 12pm-6pm
Wed 24th Aug - Fri 26th Aug: 12pm-6pm
Contact details:
project2020@haringey.gov.uk, 07790379194

We are able to provide free hot meals to any young person entitled to free school meals during term time. You do not need to book to take part in the activities but please do book your free hot meals using the contact details above.

SUMMER FUN AT
BROADWATER CHILDREN'S CENTRE
Adams Road, Tottenham, London N17 6HE
MONDAY
Stay, Play \& Eat (0 to 5 years old, siblings can attend)
Time: 10am - 12pm
Theme: Let's get crafty (25th July)
Theme: Let's explore with water (1st Aug)
Theme: Let's get messy (8th Aug)
Theme: Let's get messy (15th Aug)
Lunch is provided from 12pm-1pm.
Subject to availability

## TUESDAY

Jumping Beans (0 to 5 year olds)
Time: 10am-11am
Address: Downhills Park, Downhills Park
Road, London N17 6PB
Music and Activity Groups
Tuesday: Felix Project Food Bank
Time: 1:30pm - 3pm

## WEDNESDAY

Connecting Lives (0 to 5 year olds)
Time: 10:45am - 12pm
An intergenerational project with Wheely Tots. Join us for a fun inspiring walk with members of our older community

Lunch is provided from 12pm-1 pm.
Subject to availability

## THURSDAY

Let's Grow Together ( 0 to 5 year olds)
Time: 10:45am - 1 pm
A gardening project with Harmony Gardens
Lunch is provided from 12pm-1pm.
Subject to availability
FRIDAY
Stay, Play \& Eat (0 to 5 years old, siblings can attend)
Time: 10am - 1 pm
Theme: Let's get crafty (29th July)
Theme: Let's explore with water (5th Aug)
Theme: Let's get messy (12th Aug)
Lunch is provided from 12pm-1pm.
Subject to availability

## $\bullet$ <br> ENGINE ROOM

The Engine Room, Lebus Street, Unit A, London N17 NFU
*All listed activities are taking place at The Engine
Room except BK Sports and Free Football Training

## ReAct 22 with Legal Aliens

ReAct 22 is the revival of our famous Engine
Room performing arts workshop, this time led by the brilliant Legal Aliens.
For 12 to 17 year olds
Dates: Mon 25th July to Fri 29th July Time: 1pm-4pm

Book:
https://www.eventbrite.co.uk/e/373155737857
Attendance for the full duration of the programme is compulsory.
Please do not register if your child/teenager cannot attend all sessions and take part in the Friday evening performance.

## Active Families

Hale Village Sports activities with Imad and Amar starting 16th July, 10am at The Engine Room. Informal sessions throughout the summer for local children aged 8 and over

Dates: Various dates
Call 02088085490 for further details

## Home Cooked

Pioneer Girlz, Tuesdays 6:30pm-9pm
Self development programme for girls and young women aged 13-18 led by the Inspirational Lady Emma Dappah at The Engine Room

Home Cooked
Bridging Boroughs, Thursdays 7pm-9pm Video workshop for young people aged 12-18 interested in music production, video and editing led by KamKing at The Engine Room

## Football Training

FREE Football Training
Address: Ferry Lane, Cruyff Court, Jarrow Road N17 9PS
Dates: Saturday 23rd July to Saturday 24th
September (every Saturday)
Time: 12pm-1:30pm

## Home Cooked

BK Sports and Thru Life Weekdays. Summer
Sports Programme for 8 to 16 year olds.
Address: Ferry Lane, Cruyff Court, Jarrow Road N17 9PS
Dates: Mon 25th July to Fri 26th Aug, Weekdays
Time: 10:30am - 2:30pm

## - HARINGEY SHED

Haringey 6th Form College, White Hart Lane, London N17 8HR

Children's Theatre:
INVENTION
directed by Ibrahim Farouk Sesay
This stage production will centre around a group of creatives: the actors, the agents, the directors, and producers working together to make the first television show.

Age: 7-11 years olds
When: Monday 25th July - Friday 29th July
(performance on last day)
Time: 10am-4pm each day
Location: Haringey Sixth Form College, 120
White Hart Lane, Tottenham N17 8HR
Cost: Pay what you can
Youth Theatre:
TRANSMISSION
directed by Aran Cherkez in collaboration with ZooNation: The Katie Prince Company

This outdoor site specific production at Alexandra Palace will celebrate 100 years of the BBC where we will focus on key moments within BBC History

Age: 11-16 years
When: Monday 1st August -
Friday 12th August
Time: 10am-4pm each day
Location:
Haringey Sixth Form College, 120 White Hart Lane, Tottenham N17 8HR - WEEK 1, Alexandra Palace Way, London N22 7AY WEEK 2
Cost: Pay what you can

## - POND SURVEY

The Paddock Community Nature Park, Ferry Lane, London N17 9BS

Fri 26th Aug, 11:15am - 12:15pm
Join us for our weekly widlife survey in 2022! Whether you're an expert or complete beginner this will be a chance to get outdoors and explore the wildlife on your doorstep.
U18s need to have a parent/guardian fill in a form. U16s must be accompanied by a parent/guardian on the day
To book, please email thepaddock@tcv.org.uk, contact: anna.pole@tcv.org.uk

## - GROWN22

Practical workshops throughout the gardening season...many hands make light work!

## Gladstone Parklet

Tues 26th July (4:30pm-5:30pm)
Tues 2nd Aug (4:30pm-5:30pm)
Tues 9th Aug (4:30pm-5:30pm),
Tues 16th Aug (4:30pm-5:30pm)
Tues 23rd Aug (4:30pm-5:30pm)
Tues 30th Aug (4:30pm-5:30pm)
Tues 6th Sept ( $4: 30 \mathrm{pm}-5: 30 \mathrm{pm}$ )
George Meehan House,
294 High Road, London N22 8JZ
Sun 31st July (8am - 4pm)
Sun 7th Aug (8am-4pm)
Sun 14th Aug (8am-4pm)
Sun 21st Aug (8am-4pm)
Sun 28th Aug (8am-4pm)
Sun 4th Sept (8am-4pm)
Haringey Learning Partnership
Commerce Road, N22 8DZ
Sat 13th Aug (8am-4pm)
Sat 20th Aug (8am-4pm)
Sat 27th Aug (8am-4pm)
Sat 3rd Sept (8am-4pm),
Sat 10th Sept (8am-4pm)
All you have to do is turn up and you will be provided with guidance. They're free and open to everyone, providing a friendly atmosphere to crack on with the task in hand. Instagram: @Grow_N22 Latest dates \& times: www.GrowN22.com/Workshops

## - TROVE MARKET

Lordship Recreational Ground, Lordship Hub, N17 6NU

Date: The first Saturday of the month Time: 11am-4pm

The TROVE MARKET is a fun community event in the park with great stalls, delicious food and lots of free activities. Everyone is welcome.
For more info: @thetrovemarket_tottenham

## - PEDAL POWER

New River Sports \& Fitness Centre, White
Hart Lane, London N22 5QW
Inclusive adapted cycling to meet all needs and abilities. Please visit www.pedalpowercc. org to book a place.
Email info@pedalpowercc.org
for more information

- SEWN TOGETHER CREATE \& CRAFT SUMMER

Sewn Together Studio Hub, Chestnuts Community Centre, 280 St Ann's Road, Tottenham, London N15 5BN
Monday
Eco Journalling: Utlising recycled materials Time: 10:30am-12pm

Creative Money Talk: Manage your finances with confidence
Time: 1:30pm-2:30pm

## Tuesday

Crochet: All levels welcome
Time: 11am-12:30pm
Knitting: All levels welcome
Time: 1:30pm-3:30pm
Creativity 1695: Art for Adults with Autism, Fee: £5
Time: 4pm-6pm

## Wednesday

Mapping of the Mind: Rise up and reach all that there is for you "Dee Buchanan"
Time: 10:30am-11:30am
Digital Training \& Support for Beginners
(Please bring your own devices)
Time: 1:30pm-3pm
Thursday
Pattern Cutting for Beginners
Time: 11am-12:30pm
Introduction to Sewing
Time: 1pm-2:30pm

## Friday

Digital Support Drop in Session (Please bring your own devices)
Time: 10:30am-12pm
Pampering \& Enrichment: Beauty Treatments and Relaxation Presentations
Time: 12:30pm-2pm

## Saturday

"Snacks \& Chats" : Join our community led group for light refreshments, meet local residents to talk, listen, learn about a new hobby or get into an old one you haven't done for a whiile!

## O CONSERVATION VOLUNTEERING

The Paddock Community Nature Park,
Ferry Lane, London N17 9BS
All levels welcome inc. volunteers under 18 welcome (contact in advance for details).
What to bring? Suitable outdoor clothing and shoes. Binoculars (if you
happen to have them). Packed lunch. What's provided? Tools, survey guides, recording sheets, wildlife ID books and other equipment depending on the survey.

Sign up: thepaddock@tcv.org.uk
www.tcv.org.uk/London/Haringey/thepaddock/

## July

Weds 27th:
Practical conservation day - 10am to 3pm.
Fri 29th:
Bird survey - 10 to 11am,
Bumblebee survey-11:15am to 12:15pm .
Sat 30th:
Bat Night - 8 to 10pm.

## August

Weds 3rd:
Practical conservation day - 10am to 3pm.
Fri 5th:
Bird survey -10 to 11 am,
Meadow/wildflower survey - 11:15am to 12:15pm

## Weds 10th

Practical conservation day - 10am to 3pm.

## Fri 12th

Bird survey - 10 to 11am,
Butterfly survey - 11:15am to 12:15pm
Weds 17th
Practical conservation day - 10am to 3pm.
Fri 19th
Bird survey -10 to 11am,
Dragonfly survey - 11:15am to 12:15pm
Sat 20th
Bioblitz Wildlife Survey - 1pm to 3:30pm.
Weds 24th
Practical conservation day - 10am to 3pm.

## September

Fri 2nd - Bird survey - 10 to 11am, Insect survey-11:15am to 12:15pm
Weds 7th
Practical conservation day - 10am to 3pm.
Fri 9th
Bird survey - 10 to 11am,
Butterfly survey-11:15am to $12: 15 \mathrm{pm}$
Weds 14th
Practical conservation day - 10am to 3pm.
Fri 16th
Bird survey - 10 to 11 am,
Fungi survey- 11:15am to $12: 15 \mathrm{pm}$
Weds 21st
Practical conservation day - 10am to 3pm.
Fri 23rd
Bird survey -10 to 11am,
Spider survey-11:15am to 12:15pm
Weds 28th
Practical conservation day - 10am to 3pm.
Sat 24th
Fungi Event - 1 to 3:30pm.
Fri 30th
Bird survey - 10 to 11am,
Pond survey-11:15am to $12: 15 \mathrm{pm}$

## - MAFIA MOVES RUNNING COLLECTIVE

Outside Tottenham Hotspur Stadium
Saturdays 09:30 (09:45am start)
Empowering individuals through experiences driven through fitness and wellbeing. This is more than a 'fitness group' - your community needs you! Come ready to run $5 \mathrm{~km}+$ hills, rain or shine, great vibes and plenty of encouragement from the crew.

Please go to our Instagram page for updates @mafiamoves_


# Harimgey foodbank  

@TottFoodbank @theCommunityFoodHub @LordshipHub @AntwerpArmsAsoc @SelbyCentre @CommunityCookUp_Tottenham

